



Active Duty/Ready Reserve Corps Medical Waiver Request

Officer Name \_\_\_\_\_ SERNO \_\_\_\_\_ Date \_\_\_\_\_

Requests for medical waivers must be accompanied by signed medical documentation from the officer’s healthcare provider. Instructions for healthcare providers are located on page 2. In addition to the provider documentation, the officer should clearly state the specific waiver category requested by checking the appropriate box below that applies. Commissioned Corps Medical Affairs Branch has sole discretion of approval and time limitations of all medical waivers.

Table with 2 columns: Waiver Category Request, Description. Rows include Deployment, Pregnancy, Breastfeeding, Annual Physical Fitness Testing (All sections), Cardiorespiratory Endurance, Upper Body Endurance, Core Endurance, Flexibility, Basic Life Support Training (BLS), Immunization, Weight, Uniform: Beard, Uniform: Shoe, and Other: Specify.

Approved medical waivers can be viewed on the officer’s “Readiness Information” page accessible from the officer’s RDB Self-Service Page.

Submit this form and the required medical documentation as one PDF file through eDOC-U using the document type, “Request for Medical Waiver,” which is under the “Medical” category.

Do not email, mail or FAX these documents. They will not be processed.



# U.S. PUBLIC HEALTH SERVICE COMMISSIONED CORPS

COMMISSIONED CORPS HEADQUARTERS

Rockville, MD 20852

## Medical Waiver Program

*Instructions for Healthcare Providers: Updated May 5, 2022*

Commissioned Corps of the U.S. Public Health Service officers stand ready to respond to public health emergencies around the globe. This response sometimes requires deployments with long hours of physically and mentally strenuous work in severe conditions for 30-60 days with limited access to medical services. Public Health Service officers must also meet readiness requirements including annual physical fitness testing (APFT), Basic Life Support certification, certain immunizations, weight standards, and uniform standards including being clean shaven and wearing approved footwear.

If, as a Public Health Service officer's healthcare provider, you note physical or mental conditions that could limit their ability to safely deploy or complete any of the readiness requirements, please provide the officer with your findings in a document that includes the required information below, your signature (pen and ink or digital), and credentials. This documentation should be written in a provider-to-provider format, as it will be reviewed by a Commissioned Corps clinical provider for waiver consideration.

### Required provider documentation:

1. What are the officer's specific disabling medical diagnoses, condition(s) or disabling symptoms?
  - A final diagnosis is not required to request a waiver. If a diagnosis is unknown, please report the symptoms the officer is experiencing or working diagnosis with the associated evaluation, follow-up and treatment plan.
2. How does the condition(s) prohibit the officer from completing readiness requirements including deployments?
3. What is the current management of the officer's conditions or symptoms, to include diagnostic and/or treatment plan(s)?
4. How long do you expect the medical condition to prevent the officer from deploying or meeting readiness requirements or when is the next reevaluation date, not to exceed 6 months?

### Special considerations:

1. Weight waivers
  - If weight exceeds the retention weight standards due to a medical condition or treatment, please provide documentation from scientific literature (not from the prescribing information) that shows that a reasonable percentage of individuals with the cited medical condition or treatment have significant changes in their weight. Officer weights prior to the diagnosis of the condition or initiation of the treatment, should also be sent, if available
  - If weight falls below weight standards, please provide documentation that there is no evidence of a physiologic or behavioral health reason for the low weight. Historical weight determinations should also be sent, if available
2. Pregnancy waivers
  - Please provide an estimated delivery date based on the Last Menstrual Period (LMP) to the best of your knowledge, and laboratory confirmation. (final confirmation is the responsibility of the clinician providing obstetric care)
3. Breastfeeding waivers
  - Please provide documentation indicating the officer is still breastfeeding
4. APFT waivers
  - The APFT consists of four components: cardiorespiratory endurance, upper extremity endurance, core endurance, and flexibility. Providers should specify if the entire APFT or specific components should be potentially waived.

The Public Health Service officer will upload your documentation along with their waiver request form to the Medical Affairs Branch (MAB) within Commissioned Corps Headquarters. MAB has sole discretion for approval or rejection of waiver requests based on review of submitted documentation.

Thank you for caring for this Public Health Service officer and supporting the U.S. Public Health Service Commissioned Corps mission to protect, promote, and advance the health and safety of our nation.